



God's Care
AMIDST FEAR AND DANGER



*I lift up my eyes to the mountains—
where does my help come from?
My help comes from the LORD,
the Maker of heaven and earth*

Psalms 121:1-2 (NIV)

When David was running from the Philistines and was faced with immense danger, he chose to put his trust in the Lord, as recorded in Psalm 56:

*"When I am afraid, I put my trust in you.
In God, whose word I praise—
In God I trust and am not afraid.
What can mere mortals do to me?"*

Similarly, the Apostle Paul also reminds Timothy that God does not give us a spirit of fear but one of power, love and self-control (2 Timothy 1:7).

How are the words of these Biblical characters helpful to us when we are faced with worry?

*Peace I leave with you;
my peace I give you.
I do not give to you
as the world gives.
**Do not let your hearts
be troubled and do not
be afraid***

John 14:27 (NIV)



Today, uncertainty seems to be the only constant. The world that we inhabit today is still plagued by all kinds of trouble—natural disasters, wars and epidemics.

Despite these anxieties, fears and doubts, the Bible continually reminds us that we can take comfort knowing that God hears our cries for help (1 Peter 3:12), and He wants us to find rest in Him amidst the chaos we experience (Matthew 11:28-30).



***The LORD watches over you—
the LORD is your shade at your right hand;
the sun will not harm you by day,
nor the moon by night***

Psalms 121:5-6 (NIV)



When we are faced with situations that cause us much confusion, let us not succumb to the climate of anxiety and fear, but stand firm in the promises of the Lord by casting our burdens onto Him and pray for His peace (Philippians 4:6-7).

As we face the COVID-19 epidemic together as a Body of Christ, let us not be discouraged by our present circumstances, but rather place our trust in our Heavenly Father, who promises to work things together for good (Romans 8:28). Because we are God's children, we can take comfort in knowing that there is an everlasting hope in Him.

*The LORD will keep
you from all harm—
he will watch over your life;
the LORD will watch over
your coming and going
both now and forevermore*

Psalms 121:7-8 (NIV)



Prayer Pointers

- Pray for those who have been infected by the virus to have a full recovery.
- Pray for God's wisdom to be upon the authorities and government officials in the various countries as they work to control the spread of the virus.
- Pray for God's protection over the frontline workers—such as healthcare staff and janitors—who have been faithfully carrying out their responsibilities to keep the rest of us safe.
- Pray that Churches and Christian leaders will work in unity to mitigate any logistical difficulties as a result of the virus outbreak.

After you have finished praying, take some time to meditate on the words in Psalm 91 (NIV), a beautiful and timely reminder of how an ever-loving and faithful God protects His children:

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.

I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

Surely he will save you from the fowler's snare and from the deadly pestilence.

He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.

You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

You will only observe with your eyes and see the punishment of the wicked.

If you say, "The LORD is my refuge," and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent.

For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.

You will tread on the lion and the cobra; you will trample the great lion and the serpent.

"Because he loves me," says the LORD, "I will rescue him; I will protect him, for he acknowledges my name.

He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.

With long life I will satisfy him and show him my salvation."

Amen.





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